

## SALADS & SANDWICHES \$16

### OVEN ROASTED TURKEY & GOUDA

Arugula, Cranberry Marmalade, Grain Mustard on whole wheat

### CAPRESE

Balsamic, Pesto, Mozzarella, Basil, Tomato, vegetarian

### VEGAN BULGAR WHEAT SALAD WRAP

Spinach Tortilla, Mixed Greens, Tomato

### GREEN GODDESS SALAD

Asparagus, Zucchini, Housemade Herb Vinaigrette Dressing, Vegan & Dairy Free

### POWER BOWLS

Vegetables, Edamame, Quinoa, Lemon

### SUMMER BERRY

Mozzarella, Arugula, Balsamic Gluten Free

## SMOOTHIES \$8

### GREEN MACHINE

Spinach, Kale, Apple, Celery, Banana, Chia Seed, Lemon, Lime & Ginger

### BERRY BREEZE

Seasonal Mixed Berries, Apple, Banana

### MANGO PEACH

Coconut, Orange, Pineapple, Banana

Add Whey or Pea Protein \$1

## BARISTA BLENDS

### ESPRESSO OR AMERICANO

\$4 / \$5

### CAPPUCCINO

\$5 / \$6

### LATTE

\$6 / \$7

**EXTRA SHOT OR PLANT BASED MILK \$1**

## TALL/GRANDE

## REFRESHMENTS & SNACKS

### NAKED JUICES

\$6

### PRICKLY PEAR CACTUS WATER

\$5

### SODAS, PELLEGRINO OR PERRIER

\$3

### JERKY

\$10

### CHOCOLATE CHERRIES

\$8

### CASHEWS

\$5

### CHIPS

\$4

### KIND BARS

\$3



A 15% service charge is added to all orders  
Canyon Counter is not part of inclusive meal  
retreats.